

A Safe Place for All of Us Who Have Hurts, Hang-ups & Habits!

Depression/Anxiety/Trauma
Adult Children of Family Dysfunction
Substance Abuse
Co-Dependency
Financial Distress
Eating Disorders
Food Addiction
Gambling Addiction
Media Addiction
Relationship Addiction
Sexual Addiction
Sexual, Physical or Emotional Abuse
Anger/Bitterness/Unforgiveness
Whatever is holding you back from life, and life to the full...!

Celebrate Recovery's Small Group Guidelines*

1. Keep your sharing focused on your own thoughts and feelings. Limit your sharing to three to five minutes
2. No cross talk, please. Cross talk is when two individuals engage in conversation excluding all others. Each person is free to express his or her feelings without interruptions.
3. We are here to support one another, not "fix" one another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.
5. Offensive language has no place in a Christ-centered recovery group.

*If needed, you may be invited to discuss your situation in a private area where we can more effectively hear and understand where you're at in your story.

Celebrate Recovery Purpose

The purpose of Celebrate Recovery Watertown is to celebrate God's healing power through the Christ-centered 12 Steps and 8 Biblical Principles of spiritual recovery. We break the bondage of the past by sharing our experience, strength, and hope with each other, pointing one another toward healing in Jesus Christ and CELEBRATING our freedom from the hurts, hang-ups & habits that have controlled us!

Every journey begins by taking a first step...

Prayer for Serenity

God, grant me the serenity
to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.
Living one day at a time,
enjoying one moment at a time;
accepting hardship as a pathway to peace;
taking, as Jesus did, this sinful world as it is;
not as I would have it;
trusting that You will make all things right
if I surrender to Your will;
so that I may be reasonably happy in this life,
and supremely happy with You forever
in the next.

Amen.

Reinhold Niebuhr



Celebrate Recovery®

WATERTOWN

WELCOME TO CELEBRATE RECOVERY est. September 2021

A Christ-centered, inter-church 12-Step recovery ministry finding freedom from hurts, hang-ups & habits through the healing power of Jesus!

Meetings on Thursdays

Snacks & Fellowship

6:00-6:30 p.m.

Large Group General Meeting

Worship-Teaching-Testimony

6:30-7:30 p.m.

Small Group Open Share Meetings

Men's/Women's

7:30-8:30 p.m.

Childcare Provided

**ages 13 & under*

6:30-8:30 p.m.

Midwest Bible Camp

1500 SD-20, Watertown, SD 57201

Look for **Celebrate Recovery Watertown** on Facebook for meeting details, group info, updates & announcements from week to week!

What Celebrate Recovery IS:

- A confidential, safe environment
- A community of others who've struggled
- A way to share your story, from darkness into light
- An opportunity to tell what God has done in your life
- A place to be who you are and celebrate God's love for you!

What Celebrate Recovery is NOT:

- A place to judge
- A place to "fix" people
- A place for gossip
- A place to feel ashamed or keep secrets
- A place to find a date

12 Steps of Spiritual Recovery

with Biblical Comparisons

1. We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.
Romans 7:18
2. We came to believe that a power greater than ourselves could restore us to sanity.
Philippians 2:13
3. We made a decision to turn our lives and our wills over to the care of God.
Romans 12:1
4. We made a searching and fearless moral inventory of ourselves.
Lamentations 3:40
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
James 5:16a
6. We were entirely ready to have God remove all these defects of character.
James 4:10
7. We humbly asked Him to remove all our shortcomings.
1 John 1:9
8. We made a list of all persons we had harmed and became willing to make amends to them all.
Luke 6:31
9. We made direct amends to such people whenever possible, except when to do so would injure them or others.
Matthew 5:23
10. We continued to take personal inventory and when we were wrong, promptly admitted it.
1 Corinthians 10:12
11. We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out.
Colossians 3:16a
12. Having had a spiritual experience as the result of these steps, we try to carry this message to others, and to practice these principles in all our affairs.
Galatians 6:1

8 Biblical Recovery Principles

aligned with the Beatitudes (Matthew 5:3-10)

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.

STEP 1

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

STEP 2

Consciously choose to commit all my life and will to Christ's care and control.

STEP 3

Openly examine and confess my faults to myself, to God, and to someone I trust.

STEP 4 & 5

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

STEP 6 & 7

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

STEP 8 & 9

Reserve a daily time with God for self-examination, bible reading, and prayer in order to know God and His will for my life and gain the power to follow His will.

STEP 10 & 11

Yield myself to God to be used to bring this good news to others, both by my example and by my words.

STEP 12